

How to make a Forget-Me-Not flower

You will need:

- Coloured card or paper in 4 different colours (please don't worry if you don't have any. You could use a cereal box or any other packaging you have and colour in the back).
- Ice cream stick (or trace round the cut out)
- Scissors
- Craft Glue
- Tracing paper or baking paper if you don't have a printer

Instructions

- 1) Print out and trace the shapes on the last page.
 - Or you can turn the brightness up on your screen and draw round the shapes on tracing-paper or baking paper (the petals measure 9 cm width).
- 2) Cut round the shapes to create stencils, place over your chosen coloured card or paper, draw round and then cut out the shapes.
- 3) Follow the steps on the next page to construct your flower using your cut out shapes.
- 4) When you've finished the flower please decorate it, for example you could include the name of your loved one.
- 5) Please tweet a copy of your flower @anyoneschild or email it to info@anyoneschild.org



Constructing your flower

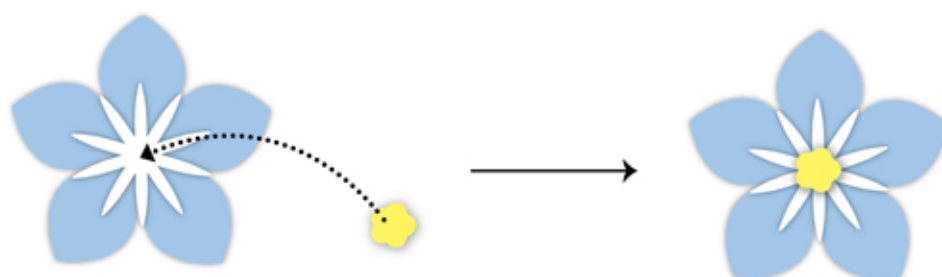
The coloured cut out components are shown below



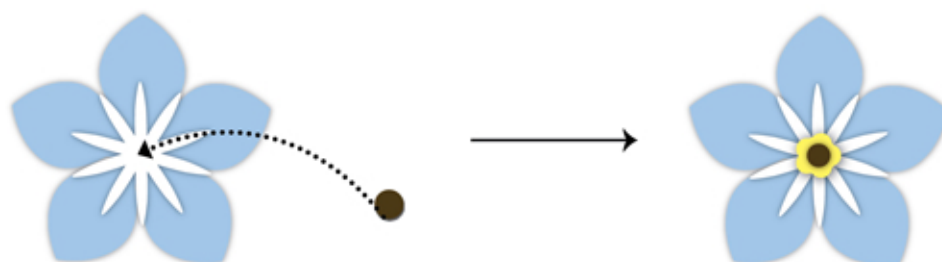
1) Glue the white Stamen onto the blue Petals...



2) Glue the yellow Outer Centre onto the white Stamen...



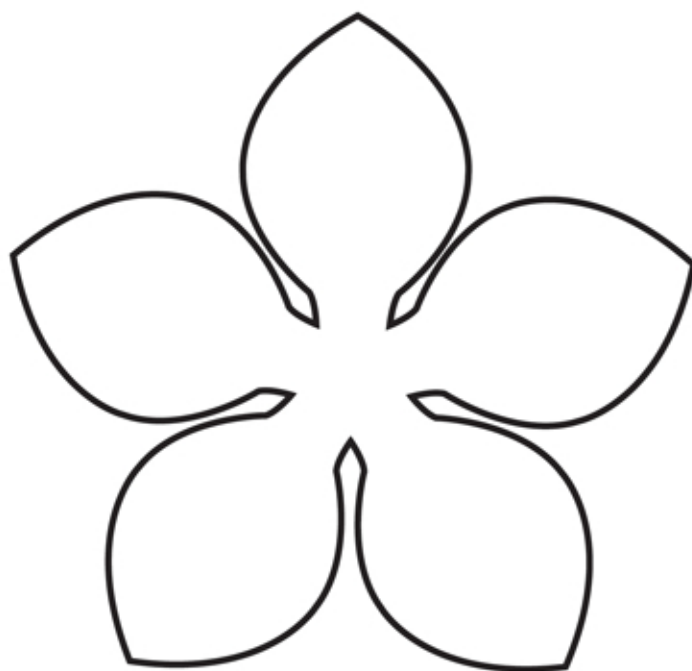
3) Glue the black Inner Centre circle onto the yellow Outer Centre...



4) Glue the ice cream stick on to the back of the flower



Printable Cut out Flower components



Petals



Stick
(if needed)



Stamen



Outer Centre



Inner Centre